



Southdown Velo

P901/50 Event 23rd July 2017 *Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations*

COURSE NUMBER: P901/50

Distance: 50 Miles

Short Description: Fontwell / Westhampnett/ Arundel/ Westhampnett/ Arundel/ Tangmere/ Fontwell - A27

Officials

Timekeepers Mike Marchant (SDV)

Recorder John Rowland's

Event Secretary Kim Piper, 24 Pipers Mead, Birdham, Chichester, West Sussex PO20 7BJ

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Awards

First Fastest £30

Second Fastest £20

Third Fastest £10

Fastest Lady £10

Fastest Youth £10

FULL COURSE DESCRIPTION

START in Lay-by on A27 at North end of Fontwell Race Course at Drain Cover approximately 20 yards west of Lamp Post 181/08 (SU 947072).

PROCEED west along A27 to Tangmere RAB where straight across to continue on A27. Take slip road up Tangmere Flyover on A285 to South RAB. Turn **RIGHT**, 2nd Exit, to cross the flyover to North RAB. Take 1st Exit and continue north on A285 for 500 yards to Temple Bar. Turn **LEFT** on to an unclassified road to Westhampnett RAB (5.1 Miles) (SU 877060).

Take 1st Exit on to old A27 to Portfield RAB where take 1st Exit on to A27 Westhampnett By-pass and proceed under Tangmere Flyover to Tangmere RAB where straight across to continue on A27 to Fontwell West RAB. (10.2 Miles) (SU 950071)

Take 1st Exit to Fontwell East RAB where take 2nd Exit to stay on A27 to Arundel West RAB where take 3rd Exit to stay on A27 to Arundel East RAB at eastern end of Arundel By-pass where: **TURN** (15.1 Miles) (TQ 022066).

RETRACE on A27 through START back to Tangmere Flyover to take slip road A285 up to South RAB (23.4 Miles) (SU 896066).

Turn RIGHT, 2nd Exit, and repeat circuit, via Temple Bar, Westhampnett RAB Portfield RAB and the A27 to Arundel East RAB where: TURN (35.1 Miles) (TQ 022066)

RETRACE on A27 through START to South RAB at Tangmere Flyover. Take 2nd Exit as before, and repeat loop via Temple Bar, Westhampnett RAB, Portfield RAB and the A27, under Tangmere Flyover to Tangmere RAB where take 2nd Exit, straight across, to continue on A27 to:

FINISH 3 yards EAST of traffic sign "Reduce Speed Now" or 56 yards EAST of Littleheath Road and approximately 350 yards short of the START (50 Miles) (SU 944072)

EVENT HEADQUARTERS

Aldingbourne Community Sports Centre (open from 0545)

SAFE ROUTES TO START

The safe route from the Aldingbourne Community Sports Centre is turn left on to the A29 and proceed north via Westergate Street, Nyton Road and Fontwell Avenue.

SAFE ROUTES FROM FINISH

The safe route back to Aldingbourne Community Sports Centre is to take the first exit at Fontwell West RAB after the FINISH to stay on A27. Then turn 1st LEFT into Duke's Road and immediately LEFT again to take the subway under the A27 to London Road to approach Fontwell West RAB from the East.

Turn LEFT and retrace to the Headquarters on the A29 via Fontwell Avenue, Nyton Road and Westergate Street. If riders do not wish to use the subway then they must still turn LEFT at Fontwell West RAB and proceed to Fontwell East RAB and encircle to retrace to Fontwell West RAB.

Any rider turning RIGHT at Fontwell West RAB to the leave the A27 in either a Club Event or an Open Event MUST be disqualified

SAFETY INSTRUCTIONS

Riders must:

- not cross the A27 in the Start and Finish areas
- use the recommended safe routes to the Start and to return to the Headquarters
- not warm up on the Course
- exercise care at the following locations
 - crossing Tangmere RAB both ways
 - turning LEFT at Temple Bar. Caution 150-degree change of direction
 - passing exit and acceleration lanes at Tangmere Flyover
 - descending Hospital Hill to roundabout TURN at Arundel West RAB
 - negotiating all roundabouts particularly at Fontwell and Arundel
 - passing all acceleration lanes from "B" and unclassified roads joining the A 27
- not turn RIGHT at Fontwell West RAB after the FINISH but should continue on A27 to turn LEFT into Duke's Road to return to the Event Headquarters.
- not make U-turns in the vicinity of the Start or Finish

Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport should be disqualified and reported to the South District Council of Cycling Time Trials. Observers may be in attendance along the course.

Hard Shell

"All competitors in this event are required to wear HARD SHELL HELMETS, which should meet an internationally accepted safety standard".

SAFETY REAR LIGHTS

"In the interests of your Own Safety, Cycling Time Trials and the Event Promoters strongly advise competitors that a working rear light, either flashing or fixed, is fitted to your machine in a position clearly visible to following road users and is active while the machine is in use". This is to alert motorists to the competitor's presence on the highway and give them time to make driving alterations if necessary.

No	Name	Club	Cat	Start
1	Clive Jackson	Central Sussex CC	M Vet	07:01
2	Michelle Walter	Bournemouth Arrow CC	F Vet	07:02
3	David England	Crabwood CC	M Vet	07:03
4	Perry Lee	Southdown Velo	M Vet	07:04
5	Bob Richardson	Bournemouth Jubilee Whs	M Vet	07:05
6	Mark Trimmer	Southdown Velo	M Vet	07:06
7	David Patten	Bognor Regis CC	M Vet	07:07
8	Jay Hookins	Velo Club Cycling	M Senior	07:08
9	Peter Davies	Brighton Mitre CC	M Vet	07:09
10	Barrie Watkinson	Bournemouth Arrow CC	M Vet	07:10
11	Donald Parker	Brighton Mitre CC	M Vet	07:11
12	Sam Bennett	7 Oaks Tri	M Vet	07:12
13	Nick Davy	C And N Cycles RT	M Vet	07:13
14	Craig Wallington	Sarum Velo	M Senior	07:14
15	Ian Cheesman	Worthing Excelsior CC	M Vet	07:15
16	Robert Drake	Addiscombe CC	M Senior	07:16
17	Peter Garnett	Swindon Road Club	M Vet	07:17
18	Paul Thompson	Epsom CC	M Vet	07:18
19	Chris McGuire	Hampshire RC	M Vet	07:19
20	Stephen Williamson	...A3crg	M Vet	07:20
21	Marianne Holt	Fareham Wheelers CC	F Senior	07:21
22	John Isard	Hampshire RC	M Vet	07:22
23	Colin Toppin	Brighton Excelsior CC	M Vet	07:23
24	Kirsty McSeveney	Fareham Wheelers CC	F Senior	07:24
25	Shaun Smart	Southdown Velo	M Vet	07:25
26	Martin Booker	Worthing Excelsior CC	M Vet	07:26
27	Chris Jones	Bynea Cycling Club	M Vet	07:27
28	Elise Sherwell	Blazing Saddles	F Vet	07:28
29	Jon Fry	Horsham Cycling	M Vet	07:29
30	James Mapley	Blazing Saddles	M Espoir	07:30
31	John Banham	Southdown Velo	M Vet	07:31
32	Robert Charles	Blazing Saddles	M Vet	07:32
33	Richard Miles	Bognor Regis CC	M Vet	07:33
34	Chris Lord	Brighton Excelsior CC	M Vet	07:34
35	Nigel Sign	Fareham Wheelers CC	M Vet	07:35
36	Peter Baker	Lewes Wanderers CC	M Vet	07:36
37	Andrew Thomas	...A3crg	M Senior	07:37
38	David Dalton	Fareham Wheelers CC	M Vet	07:38
39	Nick Jones	Bournemouth Jubilee Whs	M Vet	07:39
40	Gary Chambers	NOPINZ	M Senior	07:40
41	Jonathan Wren	Sotonia CC	M Senior	07:41
42	Arthur Waghorn	Bognor Regis CC	M Vet	07:42
43	Peter Weaver	New Forest CC	M Vet	07:43
44	Aaron Smith	Bognor Regis CC	M Espoir	07:44
45	Paul Byford	Crawley Wheelers	M Vet	07:45